

# VITAMIN D3 5000 IU

VITAMIN D3 PROVIDING 5000 IU PER CAPSULE

## Description

Vitamin D3 5000 IU (125 ug) provides pure vitamin D as D3, the preferred form of vitamin D. Vitamin D contributes to the maintenance of normal muscle function and normal bones. Vitamin D also contributes to the normal function of the immune system.

## Health Benefits and Product Features

- ✓ Provides 5000 IU (125 ug) vitamin D3 per capsule
- ✓ With vitamin D as D3, the preferred form of vitamin D
- ✓ Contributes to normal absorption and utilisation of calcium and phosphorus
- ✓ Contributes to the maintenance of normal muscle function, teeth and bones
- ✓ Contributes to the normal function of the immune system

## Free From

All Pure Encapsulations® products are free-from: Wheat and gluten, Egg, Peanuts, Trans fats and hydrogenated oils, GMOs, Magnesium stearate, Titanium dioxide, Carrageenan, Coatings and shellacs, Artificial colors, flavors and sweeteners, Unnecessary binders, fillers and preservatives.



Vegetarian



Gluten Free

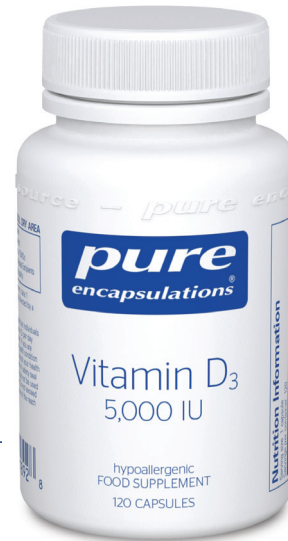


Soy Free



Dairy Free

*Not suitable for vegans*



## Nutritional Information

Serving size 1 capsule

	Amount per Serving	% NRV*
Vitamin D3, 5000 IU (as cholecalciferol)	125 ug	2500%

\*Nutrient Reference Value

## Directions For Use

As a food supplement, take 1 capsule daily, with a meal, or as directed by a healthcare professional.

## Ingredients

Hypoallergenic plant fiber (microcrystalline cellulose), cholecalciferol. Vegetarian capsule (hydroxypropyl methyl cellulose).

Product Code	Size	Serving Size	Servings per container
VD51UK	120	1 capsule	120

## Precautions

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Use only if safety seal is intact. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated daily dosage. Keep out of the reach of young children.