

DAILY SUPPORT FORMULA

SUPPORTIVE NUTRITIONAL AND BOTANICAL FORMULA



Description

Daily Support Formula provides a comprehensive profile of magnesium, vitamin C, B-group vitamins, L-tyrosine and plant extracts. Features Vitamins C, B₁, B₃, B₅, B₆, and B₁₂ which contribute to normal psychological function and functioning of the nervous system. Delivers pure free-form L-tyrosine. With a blend of plant extracts including Lemon balm, Chamomile, Ashwagandha, Bacopa, Siberian ginseng and Rhodiola for broad-spectrum and synergistic support. Ideal for supporting busy and demanding modern lifestyles.

Product Features

- ✓ Comprehensive profile of magnesium, vitamin C, B-group vitamins, L-tyrosine and plant extracts
- ✓ Features Vitamins C, B₁, B₃, B₅, B₆, and B₁₂ which contribute to normal psychological function and functioning of the nervous system
- ✓ Vitamin C and Vitamin B₅ and B₁₂ contribute to the reduction of tiredness and fatigue
- ✓ Provides pure free-form L-tyrosine
- ✓ Plant extracts including Lemon balm, Chamomile, Ashwagandha, Bacopa, Siberian ginseng and Rhodiola



Vegetarian Vegan Gluten Free Soy Free Dairy Free

Product Code	Size	Serving Size	Servings per container
DSF9UK	90	3 capsules	30

Directions For Use

As a food supplement, take 3 capsules daily, with or between meals, or as directed by a healthcare professional.

Nutritional Information

Serving size 3 capsule

	Amount per Serving	% NRV*
Vitamin C (as ascorbic acid)	250 mg	312%
Vitamin B ₁ (as thiamin HCl)	20 mg	1818%
Vitamin B ₂ (as 56% riboflavin & 44% 'activated' riboflavin 5' phosphate)	17.7 mg	1264%
Niacin (vitamin B ₃ , as 58% niacinamide and 42% inositol hexaniacinate [no-flush niacin])	35 mg	219%
Pantothenic acid (vitamin B ₅ , as calcium pantothenate)	200 mg	3333%
Vitamin B ₆ (as 60% pyridoxine HCl and 40% pyridoxal 5'-phosphate [activated B ₆])	16.7 mg	1193%
Vitamin B ₁₂ (as methylcobalamin)	200 µg	8000%
Magnesium (as magnesium citrate)	50 mg	13%
L-tyrosine (free-form)	250 mg	†
Eleuthero (<i>Eleutherococcus senticosus</i>) root extract (standardised to contain 0.8% eleutheroside E & B)	200 mg	†
Bacopa (<i>Bacopa monnieri</i>) leaf extract (standardized to contain 20% bacosides)	200 mg	†
Rhodiola (<i>Rhodiola rosea</i>) root extract (standardised to contain 3% total rosavins and min. 1% salidroside)	200 mg	†
Chamomile (<i>Matricaria recutita</i>) flower extract	100 mg	†
Lemon balm (<i>Melissa officinalis</i>) leaf extract (standardized to contain 5% rosmarinic acid)	100 mg	†
Ashwagandha (<i>Withania somnifera</i>) root extract (standardised to contain 2.5% withanolides)	200 mg	†

Ingredients

Magnesium citrate, ascorbic acid, L-tyrosine, *bacopa monnieri* extract, calcium pantothenate, *withania somnifera* extract, *rhodiola rosea* extract, *eleutherococcus senticosus* extract, *melissa officinalis* extract, *matricaria recutita* extract, niacinamide, thiamine HCl, ascorbyl palmitate pyridoxine HCl, riboflavin 5' phosphate, pyridoxal 5' phosphate.